Chicken Florentine

3-3oz Chicken Breast

1C Alfredo sauce

1oz Cremini Mushroom Sliced

½ oz Sun Dried Tomato

¼ oz Spinach

¼ t Chopped Garlic

1 T Garlic Butter

Salt and Pepper To taste

1 ½ C Parmesan Whipped Potatoes

Sautee Chicken in oil till brown turn and repeat

Add Mushrooms S.D.T. and Spinach

Add Alfredo and Garlic Butter

Let Reduce

Put Chicken on top of Mashed Potatoes

Top with Sauce and Serve